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BEFORE THE ARIZONA MEDICAL BOARD

In the Matter of

XAVIER MARTINEZ, M.D.

Holder of License No. **18944**For the Practice of Allopathic Medicine
In the State of Arizona.

Board Case No. MD-07-0638A

FINDINGS OF FACT, CONCLUSIONS OF LAW AND ORDER

(Letter of Reprimand and Probation)

The Arizona Medical Board ("Board") considered this matter at its public meeting on June 4, 2008. Xavier Martinez, M.D., ("Respondent") appeared before the Board with legal counsel Kraig J. Marton for a formal interview pursuant to the authority vested in the Board by A.R.S. § 32-1451(H). The Board voted to issue Findings of Fact, Conclusions of Law and Order after due consideration of the facts and law applicable to this matter.

FINDINGS OF FACT

- The Board is the duly constituted authority for the regulation and control of the practice of allopathic medicine in the State of Arizona.
- 2. Respondent is the holder of License No. 18944 for the practice of allopathic medicine in the State of Arizona.
- 3. The Board initiated case number MD-07-0638A after receiving an anonymous complaint that Respondent had a substance abuse problem with cocaine and Vicodin and that he allowed his office manager to perform healthcare tasks without a valid license or certificate. Board staff investigated the complaint and did not substantiate the allegations; however, Respondent admitted other acts of unprofessional conduct.
- 4. Respondent prescribed a controlled substance, Lorazepam, to his wife. He would then take the Lorazepam for insomnia. Respondent also took Percocet that was prescribed to his wife by her dentist and he purchased substantial amounts of Percocet while visiting Mexico.

- Respondent was evaluated and diagnosed with Sedative/Hypnotic dependence.
 He successfully completed a ninety-day inpatient treatment program in November, 2007, and has been compliant with all treatment and Board recommendations.
- 6. During the investigation, Respondent provided the chart for patient AM, the individual that Respondent believed to be the anonymous complainant. AM resides in Wyoming and she is the sister of one of Respondent's employees.
- 7. Respondent acknowledges that he prescribed narcotic pain medication to AM for a period of over eighteen months based upon communications with her sister without physically evaluating AM or her response to the treatment.

CONCLUSIONS OF LAW

- The Arizona Medical Board possesses jurisdiction over the subject matter hereof and over Respondent.
- The Board has received substantial evidence supporting the Findings of Fact described above and said findings constitute unprofessional conduct or other grounds for the Board to take disciplinary action.
- 3. The conduct and circumstances described above constitute unprofessional conduct pursuant to A.R.S. § 32-1401(27)(f) ("[h]abitual intemperance in the use of alcohol or habitual substance abuse;") A.R.S. § 32-1401(27)(g) ("[u]sing controlled substances except if prescribed by another physician for use during a prescribed course of treatment;") A.R.S. § 32-1401(27)(h) ("[p]rescribing or dispensing controlled substances to members of the physician's immediate family;") and A.R.S. § 32-1401(27)(ss) ("[p]rescribing, dispensing or furnishing a prescription medication or a prescription-only device as defined in section 32-1901 to a person unless the licensee first conducts a physical examination of that person or has previously established a doctor-patient relationship.").

ORDER

Based upon the foregoing Findings of Fact and Conclusions of Law,

IT IS HEREBY ORDERED:

- Respondent is issued a Letter of Reprimand for habitual intemperance, using controlled substances not prescribed to him by another physician, prescribing a controlled substance to a family member and prescribing medications for an extended period of time without conducting a physical examination.
- 2. Respondent shall promptly enroll in and participate in the Board's Monitored Aftercare Program ("MAP") for a period of 5 years. Respondent shall be given credit for the time he has participated in MAP pursuant to an Interim Consent Agreement. Respondent's participation in MAP is subject to the following terms:
- a. Respondent shall submit quarterly declarations under penalty of perjury on forms provided by the Board, stating whether there has been compliance with all conditions of MAP. The declarations shall be submitted on or before the 15th of March, June, September and December of each year, beginning on or before December 15, 2008.
- b. 1. Relapse Prevention Group. Respondent shall attend MAP's relapse prevention group therapy sessions one time per week for the duration of this Order, unless excused by the MAP relapse prevention group facilitator for good cause such as illness or vacation. Respondent shall instruct the MAP relapse prevention group facilitators to release to Board Staff, upon request, all records relating to Respondent's treatment, and to submit monthly reports to Board Staff regarding attendance and progress. The reports shall be submitted on or before the 10th day of each month.
- 2. <u>12 Step or Self-Help Group Meetings</u>. Respondent shall attend ninety 12-step meetings or other self-help group meetings appropriate for substance abuse and approved by Board Staff, for a period of ninety days beginning not later than either (a) the first day

following Respondent's discharge from chemical dependency treatment or (b) the date of this Order.

- 3. Following completion of the ninety meetings in ninety days, Respondent shall participate in a 12-step recovery program or other self-help program appropriate for substance abuse as recommended by the MAP Director and approved by Board Staff. Respondent shall attend a minimum of three 12-step or other self-help program meetings per week for a total of twelve per month. Two of the twelve meetings must be Caduceus meetings. Respondent must maintain a log of all self-help meetings. Board Staff will provide the log to Respondent.
- 4. <u>Board-Staff Approved Primary Care Physician</u>. Respondent shall promptly obtain a primary care physician and shall submit the name of the physician to Board Staff in writing for approval. The Board-approved primary care physician ("PCP") shall be in charge of providing and coordinating Respondent's medical care and treatment. Except in an *Emergency*, Respondent shall obtain medical care and treatment only from the PCP and from health care providers to whom the PCP refers Respondent. Respondent shall request that the PCP document all referrals in the medical record. Respondent shall promptly inform the PCP of Respondent's rehabilitation efforts and provide a copy of this Order the PCP. Respondent shall also inform all other health care providers who provide medical care or treatment that Respondent is participating in MAP.
 - a. "Emergency" means a serious accident or sudden illness that, if not treated immediately, may result in a long-term medical problem or loss of life.
- 5. <u>Medication</u>. Except in an *Emergency*, Respondent shall take no *Medication* unless the PCP or other health care provider to whom the PCP refers Respondent prescribes the *Medication*. Respondent shall not self-prescribe any *Medication*.
 - a. "Medication" means a prescription-only drug, controlled substance, and over-the counter preparation, other than plain aspirin, plain ibuprofen, and

 plain acetaminophen.

- 6. If a controlled substance is prescribed, dispensed, or is administered to Respondent by any person other than PCP, Respondent shall notify the PCP in writing within 48 hours and notify the MAP Director immediately. The notification shall contain all information required for the medication log entry specified in paragraph 7. Respondent shall request that the notification be made a part of the medical record. This paragraph does not authorize Respondent to take any *Medication* other than in accordance with paragraph 5.
- 7. Medication Log. Respondent shall maintain a current legible log of all Medication taken by or administered to Respondent, and shall make the log available to the Board Staff upon request. For Medication (other than controlled substances) taken on an ongoing basis, Respondent may comply with this paragraph by logging the first and last administration of the Medication and all changes in dosage or frequency. The log, at a minimum, shall include the following:
 - a. Name and dosage of *Medication* taken or administered;
 - b. Date taken or administered;
 - Name of prescribing or administering physician;
 - d. Reason Medication was prescribed or administered.
- This paragraph does not authorize Respondent to take any *Medication* other than in accordance with paragraph 5.
- No Alcohol or Poppy Seeds. Respondent shall not consume alcohol or any food or other substance containing poppy seeds or alcohol.
- 9. <u>Biological Fluid Collection.</u> During all times that Respondent is physically present in the State of Arizona and such other times as Board Staff may direct, Respondent shall promptly comply with requests from Board Staff or MAP Director to submit to witnessed biological fluid collection. If Respondent is directed to contact an automated telephone message

system to determine when to provide a specimen, Respondent shall do so within the hours specified by Board Staff. For the purposes of this paragraph, in the case of an in-person request, "promptly comply" means "immediately." In the case of a telephonic request, "promptly comply" means that, except for good cause shown, Respondent shall appear and submit to specimen collection not later than two hours after telephonic notice to appear is given. The Board in its sole discretion shall determine good cause.

- 10. Respondent shall provide Board Staff in writing with one telephone number that shall be used to contact Respondent on a 24 hour per day/seven day per week basis to submit to biological fluid collection. For the purposes of this section, telephonic notice shall be deemed given at the time a message to appear is left at the contact telephone number provided by Respondent. Respondent authorizes any person or organization conducting tests on the collected samples to provide testing results to the Board and the MAP Director.
- 11. Respondent shall cooperate with collection site personnel regarding biological fluid collection. Repeated complaints from collection site personnel regarding Respondent's lack of cooperation regarding collection may be grounds for termination from MAP.
- Number. Respondent shall provide Board Staff at least three business days advance written notice of any plans to be away from office or home when such absence would prohibit Respondent from responding to an order to provide a biological fluid specimen or from responding to communications from the Board. The notice shall state the reason for the intended absence from home or office, and shall provide a telephone number that may be used to contact Respondent.
- 13. <u>Payment for Services</u>. Respondent shall pay for all costs, including personnel and contractor costs, associated with participating in MAP at time service is

rendered, or within 30 days of each invoice sent to Respondent.

- 14. <u>Examination.</u> Respondent shall submit to mental, physical, and medical competency examinations at such times and under such conditions as directed by the Board to assist the Board in monitoring Respondent's ability to safely perform as a physician and Respondent's compliance with the terms of this Order.
- **15.** <u>Treatment</u>. Respondent shall submit to all medical, substance abuse, and mental health care and treatment ordered by the Board.
- 16. Obey All Laws. Respondent shall obey all federal, state and local laws, and all rules governing the practice of medicine in the State of Arizona.
- 17. <u>Interviews.</u> Respondent shall appear in person before the Board and its Staff and MAP committees for interviews upon request, upon reasonable notice.
- 18. <u>Address and Phone Changes, Notice.</u> Respondent shall immediately notify the Board in writing of any change in office or home addresses and telephone numbers.
- Respondent or Respondent's use of drugs or alcohol in violation of the Order, Respondent shall promptly enter into an Interim Consent Agreement for Practice Restriction that requires, among other things, that Respondent not practice medicine until such time as Respondent successfully completes a long-term inpatient or residential treatment program for chemical dependency designated by Board Staff and obtains affirmative approval from the Board or the Executive Director to return to the practice of medicine. Prior to approving Respondent's request to return to the practice of medicine, Respondent may be required to submit to witnessed biological fluid collection, undergo any combination of physical examination, psychiatric or psychological evaluation and/or successfully pass the special purpose licensing examination or the Board may conduct interviews for the purpose of assisting it in determining the ability of Respondent to safely return to the practice of medicine. In no respect shall the terms of this paragraph

restrict the Board's authority to initiate and take disciplinary action for violation of this Order.

20. Notice Requirements.

- (A) Respondent shall immediately provide a copy of this Order to all employers and all hospitals and free standing surgery centers where Respondent currently has privileges. Within 30 days of the date of this Order, Respondent shall provide the Board with a signed statement of compliance with this notification requirement. Upon any change in employer or upon the granting of privileges at additional hospitals and free standing surgery centers, Respondent shall provide the employer, hospital or free standing surgery center with a copy of this Order. Within 30 days of a change in employer or upon the granting of privileges at additional hospitals and free standing surgery centers, Respondent shall provide the Board with a signed statement of compliance with this notification requirement.
- (B) Respondent is further required to notify, in writing, all employers, hospitals and free standing surgery centers where Respondent currently has or in the future gains employment or privileges, of a chemical dependency relapse, use of drugs or alcohol in violation of this Order and/or entry into a treatment program. Within seven days of any of these events Respondent shall provide the Board written confirmation of compliance with this notification requirement.
 - 21. Public Record. This Order is a public record.
- 22. <u>Out-of-State</u>. In the event Respondent resides or practices as a physician in a state other than Arizona, Respondent shall participate in the rehabilitation program sponsored by that state's medical licensing authority or medical society. Respondent shall cause the monitoring state's program to provide written reports to the Board regarding Respondent's attendance, participation, and monitoring. The reports shall be due quarterly on or before the 15th day of March, June, September, and December of each year, until the Board terminates

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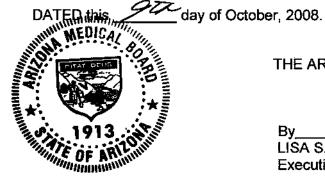
this requirement in writing. The monitoring state's program and Respondent shall immediately notify the Board if Respondent: a) is non-compliant with any aspect of the monitoring requirements; b) relapses; c) tests positive for controlled substances; d) has low specific gravity urine drug test(s), missed and/or late urine drug tests, or otherwise rejected urine drug tests; and e) is required to undergo any additional treatment.

23. The Board retains jurisdiction and may initiate new action based upon any violation of this Order.

RIGHT TO PETITION FOR REHEARING OR REVIEW

Respondent is hereby notified that he has the right to petition for a rehearing or review. The petition for rehearing or review must be filed with the Board's Executive Director within thirty (30) days after service of this Order, A.R.S. § 41-1092.09(B). The petition for rehearing or review must set forth legally sufficient reasons for granting a rehearing or review. A.A.C. R4-16-103. Service of this order is effective five (5) days after date of mailing. A.R.S. § 41-1092.09(C). If a petition for rehearing or review is not filed, the Board's Order becomes effective thirty-five (35) days after it is mailed to Respondent.

Respondent is further notified that the filing of a motion for rehearing or review is required to preserve any rights of appeal to the Superior Court.



THE ARIZONA MEDICAL BOARD

LISA S. WYNN **Executive Director**

ORIGINAL of the foregoing filed this day of October, 2008 with:

Arizona Medical Board 9545 East Doubletree Ranch Road

1	Scottsdale, Arizona 85258
2	Executed copy of the foregoing
3	mailed by U.S. Mail this day of October, 2008, to:
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